

**Carve a Sculpted Body through
the Art of Weight Loss
Medications.**

What is **Semaglutide**?

First approved as a Type 2 diabetes treatment in 2017, Semaglutide is a highly effective stabilizer for one's glycemic levels. This medication increases the patient's insulin levels and reduces the secretion of the peptide hormone glucagon, leading to a stabilization of blood sugar levels. Semaglutide causes a major reduction in appetite and food cravings, bringing glycemic balance to the body. While this medication is incredibly effective on its own, patients see the biggest changes when combining it with a healthy diet and regular exercise.

How does **Semaglutide** work?

Semaglutide is a glucagon-like peptide-1 receptor agonist, it mimics the natural hormone in the body that is responsible for stabilizing glycemic levels and controlling hunger levels. Semaglutide interacts with this peptide hormone, resulting in the patient feeling satiated (full after eating a smaller amount of calories than they normally would).

Semaglutide also induces insulin secretion from the pancreas in instances where blood sugar levels are too high. Beyond that, it slows down the digestive process by causing food to pass through the digestive tract more slowly. This is known as "gastric emptying," and it causes a reduction in appetite as well as an increase in weight loss.



How Does Semaglutide Work?

- **Brain:** Helps regulate appetite and cravings
- **Stomach:** Delays gastric emptying
- **Pancreas:** Releases the right amount of insulin when blood sugar levels are high.
- Insulin helps move sugar from the blood into other body tissues where it is used for energy.
- **Liver:** Reduces production of glucose which lowers blood sugar levels.
- **B-12:** Helps stimulate and increase your metabolism

Aside from weight loss patients taking Semaglutide have also seen a decreased risk of certain conditions like cardiovascular disease, diabetes, joint pain, and high blood pressure.



Side Effects

Most patients do not experience any side effects when taking this medication

However, if you do experience any of the following side effects they can be easily treated.

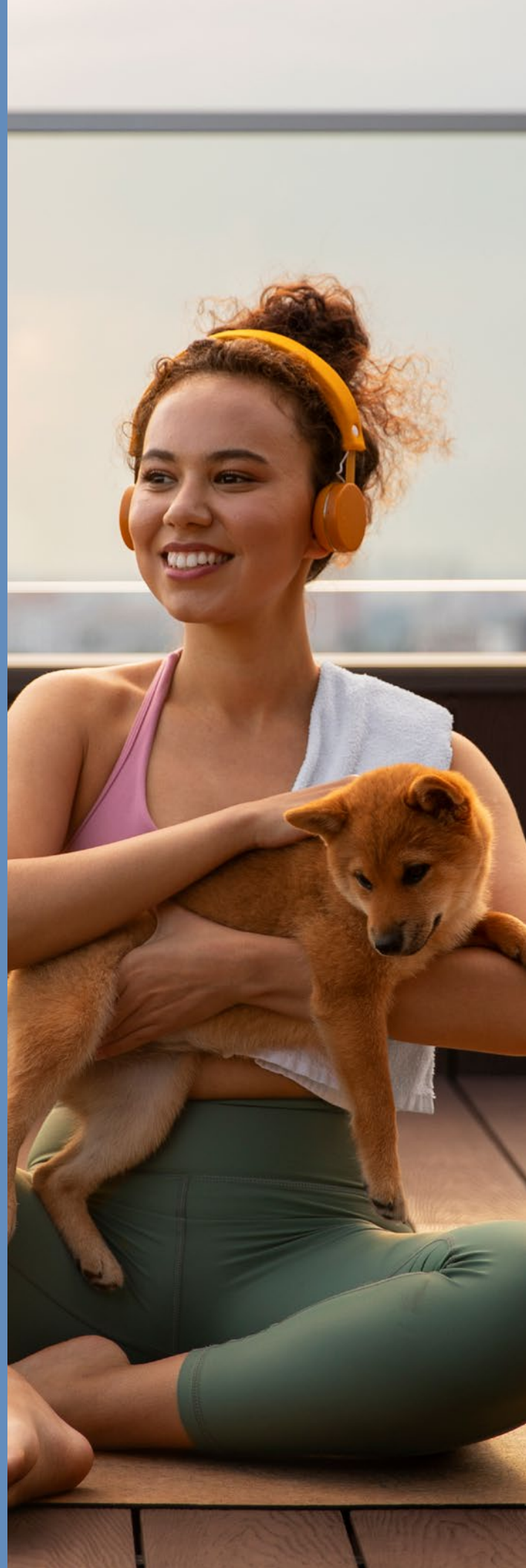
Headache - Some patients may experience a slight headache or in rare cases a migraine. This usually occurs due to dehydration. Make sure to hydrate and obtain electrolytes as needed.

Indigestion - Some patients may experience indigestion or burping. Over the counter TUMS can be used to combat this. It may also be necessary to watch what types of foods cause the most discomfort and avoid them if possible.

Nausea - Some patients have mild nausea associated with the medication. You can get Dramamine or something comparable from your local store to help alleviate this.

Loose stool - If you get some loose stool with the medication, please use an over-the-counter antidiarrheal medication if needed. Patients who report diarrhea or loose stools state they subside after a few weeks of using the medication. Sometimes some mild stomach cramping can be associated with the medication. If you experience cramping or diarrhea to the point it is interfering with daily activities, you should talk to your doctor's office (Utah Trim Clinic) about cutting the medication dose back until it subsides.

Constipation - Because the medication slows gastric emptying and intestinal motility, some patients experience constipation. This is usually temporary, and again it can be relieved with over-the-counter remedies.



Medication Savings & Benefits

On average how much would you say you are spending on food every month?

(This would include going out to dinner, beverages, etc.)

This medicine is a great money saver because it allows you to cut your food intake by half and you still experience the feeling of being full.

We have also seen patients' other health conditions improve after taking this medication consistently. Many are able to cut out other medications after they've lost the weight. And that not only saves them money, but it also improves their quality of life!

How to take **Sublingual Drops**

Simply place the liquid under your tongue for one minute daily and then drink some water.

How to inject **your medication**

Inject the medication once a week using the instructions provided with your medication.

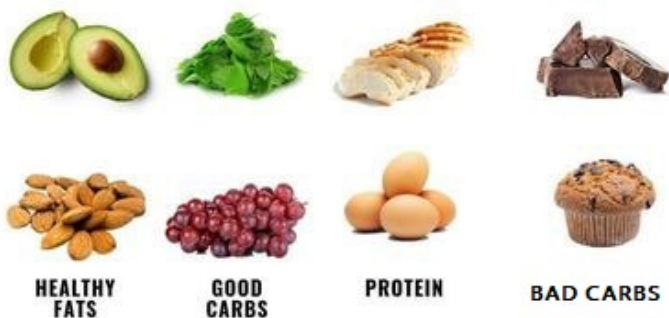


80/20 Rule for Healthy Living

Although this medication doesn't require you to exercise or follow a strict diet, it is important to be mindful of eating too many carbs and foods with high sugar content.

You will also want to drink at least 8 glasses of water a day which will help you flush the fat away and minimize any side effects, such as headaches.

80/20 RULE TO LIVE BY

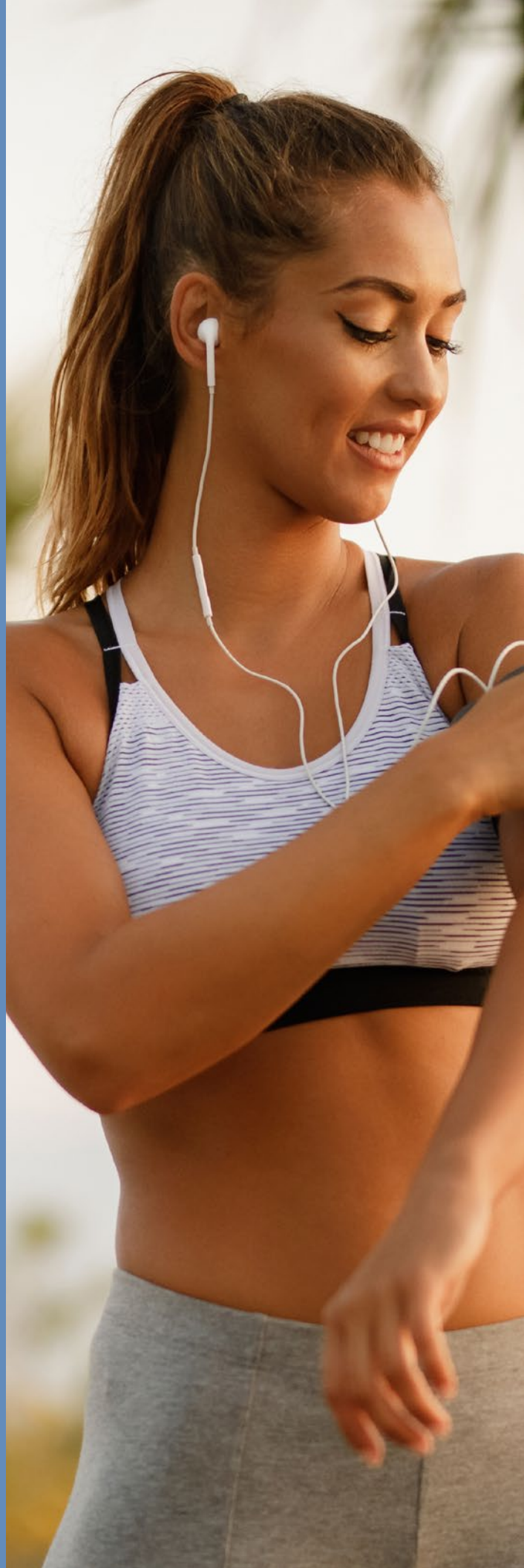


80% THIS

20% THIS

Disqualifying Conditions

For safety, Patients that have diabetes, are pregnant/nursing, planning on becoming pregnant, or that have thyroid cancer, multiple endocrine neoplasia syndrome, gastrointestinal disease, or pancreatitis (or a family history of these conditions) should not move forward with treatment.



How much can I lose?

Over the course of the program eligible patients can expect to lose as much as 20% of their body weight. So for a patient that has a starting weight of 230 pounds they can expect to lose up to 46 pounds with a new weight of 184 pounds.

Depending on how much weight you want or need to lose most clients will stay on the medication for 6-12 months just to make sure they can accomplish their goals.

It's not a matter of IF you will lose weight!

It's a matter of how much weight loss is ideal for you?





Efficacy

Semaglutide has demonstrated significant weight loss and health improvements in clinical trials. It is custom blended at approved pharmacies with FDA approved ingredients.



Personalization

The program is tailored to individual needs for optimized outcomes.



Medical Oversight

Our experienced team will oversee your progress and provide expert guidance.

Program Details

Initial Visit

\$199 (Includes assessment and personalized plan creation)

Monthly Subscription

\$399 for shots, **\$435** for sublingual liquid

(Comprehensive program access, remote consultations, and initial Semaglutide GLP-1 prescription)

Appointment times are available now, but act now before everyone else hears. To learn more and start your weight loss journey, please contact 1.888.495.1158.



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